

Rugby Oregon

Waluga Junior High School Emergency Plan

Catastrophic Injuries:

This is defined as any condition in which a student athlete's life is threatened or the student athlete risks permanent impairment. Examples include, but are not limited to, respiratory or cardiac arrest, spine injuries and possible fractures.

Call 9-1-1.

- **Be sure to have the following information:**
- **Name, address, telephone number of caller**
- Number of athletes injured
- Condition of Athlete(s)
- First aid initiated by first responder
- Specific directions to emergency scene:
- Waluga Junior High School 4700 Jean Road, Lake Oswego, OR

Nearest/Most conveniently accessible hospital:

Legacy Meridian Park Hospital

19300 Southwest 65th Avenue
Tualatin, OR 97062-9741
(503) 692-1212

- 1. Head north on SW 65th Ave toward Meridian Park Hospital**
 - 2. Continue onto SW Nyberg St**
 - 3. Merge onto I-5 N via the ramp to Portland**
 - 4. Take exit 290 toward Lake Oswego/Durham**
 - 5. Turn right onto Lower Boones Ferry Rd**
 - 6. Turn right onto Jean Way**
 - 7. Turn left onto Jean Rd**
- Emergency Entrance Located on the Southeast side of hospital off Borland Road**